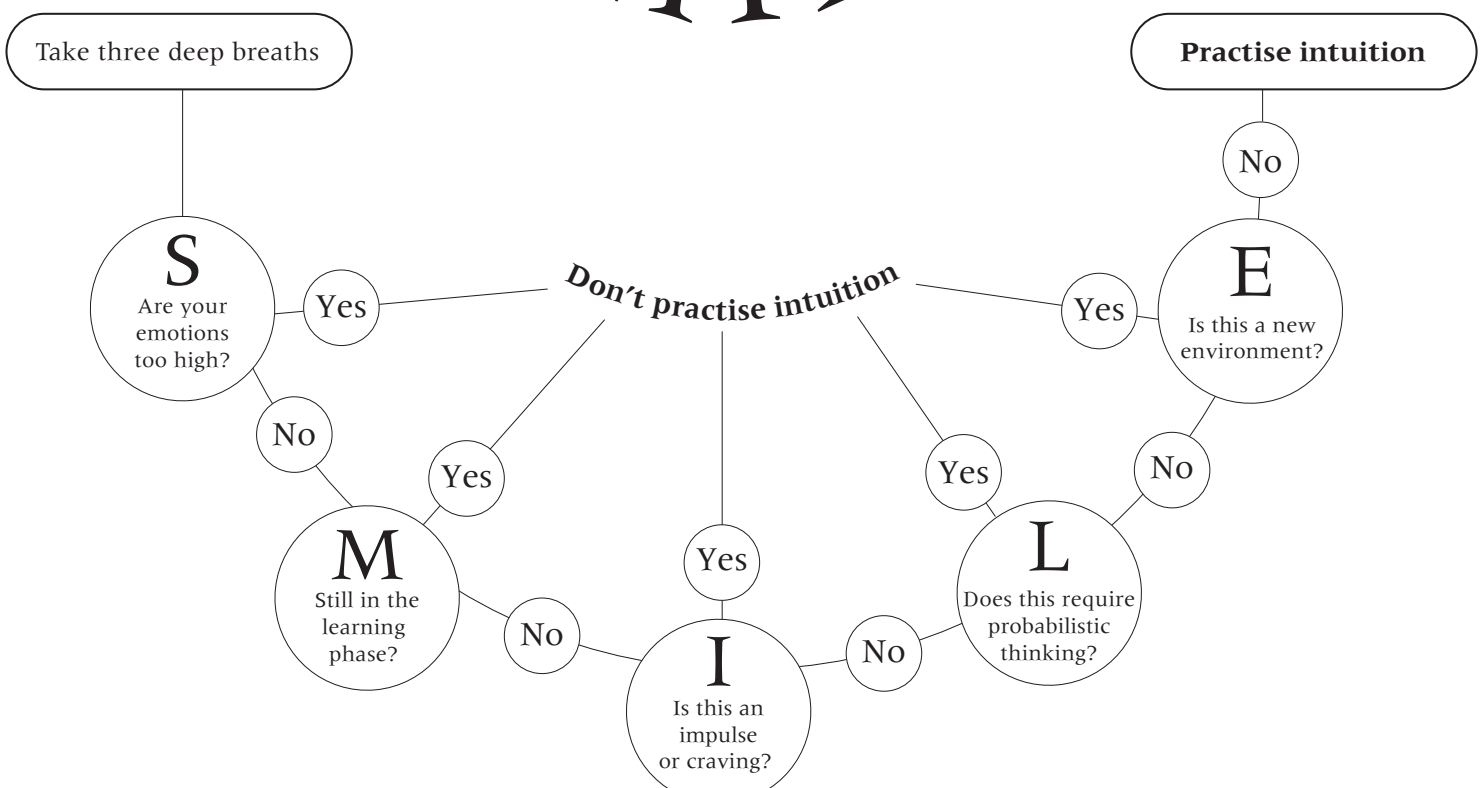
SMILE

Self-awareness
Mastery
Impulses and Addiction
Low probability
Environment